

2025-1-IT03-KA152-YOU-000299363

26.4 – 3.5.2026
FATTIZZE D'ARNEO
LECCE, IT

ECO REM

ENVIRONMENT AND
CLIMATE CHANGE
TACKLING
GEOGRAPHICAL
REMOTENESS
INVOLVING RURAL AREAS
CULTURAL HERITAGE



RITUAL HERITAGE IN ECOLOGICAL CONSERVATION



Co-funded by
the European Union



Agenzia Italiana
per la Gioventù



THE PROJECT

ECO REM aims to reconnect young people with nature by linking ecological conservation to Mediterranean rural ritual heritage.

Through non-formal youth work combining sustainable agriculture, performative/ritual exploration, and community-based design, the project strengthens personal well-being, respect for rural values, and proactive eco-citizenship.

It also nurtures awareness of sustainable youth entrepreneurship and young people's role in decision-making for the future of rural territories.

THE OBJECTIVES

2035

1. **Reconnect young people** with nature, rural culture and local identity, promoting sustainable development rooted in local resources.
2. **Empower young people** to lead rural regeneration, strengthening ties with local communities and agricultural actors.
3. **Co-create youth-led non-formal education tools**, building skills in sustainability, environmental protection and social/green entrepreneurship.
4. **Ensure an inclusive growth experience** for all, with strong access and tailored opportunities for young people with fewer opportunities.



ECO REM runs for 18 months (1 June 2025–30 November 2026). After a preparatory phase for coordination, selection and online co-design/APV, **the youth exchange in Italy takes place 26 April–6 May 2026 with 36 participants.**

The project then moves into follow-up, evaluation and dissemination, supporting local actions and sharing results across partner communities.

PROJECT TIMELINE



VENUE

WWW.LEFATTIZZE.IT

Le Fattizze is an agri-campsite property in the heart of Terra d'Arneo, near Nardò, where natural farming and community life come together.

The venue offers a simple, low-impact setting that fits perfectly with ECO REM's spirit of reconnection with nature. The campsite provides shared facilities, a common kitchen, and barbecue areas, supporting sustainable daily living and group-based experiences.

REMS will arrange the tents; sleeping bags and mats must be brought and are the responsibility of the participants.

Beyond accommodation, Le Fattizze is also an educational and cultural space, known for hosting workshops and nature-based activities, including a sensory approach to the environment.

HOW TO REACH TE VENUE

WWW.LEFATTIZZE.IT

The reference airports for this project are Rome (FCO), Bari (BRI), and Brindisi (BDS).

- Brindisi (BDS) is usually the closest option. From the airport, travel to Lecce by shuttle/bus or via Brindisi station + train. Then continue to Nardò by local train/bus.
- Bari (BRI) is a good alternative. Reach Bari Centrale, take a train to Lecce, then continue to Nardò.
- Rome Fiumicino (FCO) is the long-distance option but normally the easiest. From the airport, reach Roma Termini, then take a train to Lecce, and continue to Nardò.

From Nardò, you reach Le Fattizze by a group pick-up arranged by the consortium coordinator .

TARGET GROUP

ECO REM targets young people from rural and semi-rural contexts who experience a growing disconnection from nature and a weakening link with local cultural and agricultural traditions.

The exchange involves 30 young participants + 5 group leaders organized in five national delegations with a strong inclusion focus that encourages the involvement of 15 young people with fewer opportunities.

The consortium coordinates the selection at national level, with each partner organisation identifying participants within its own delegation in line with the project's profile and inclusion approach.



WHAT TO BRING

Mandatory

- Valid ID document (ID card or passport), European Health Insurance Card (EHIC / TEAM), Personal travel insurance (recommended at your own expense)

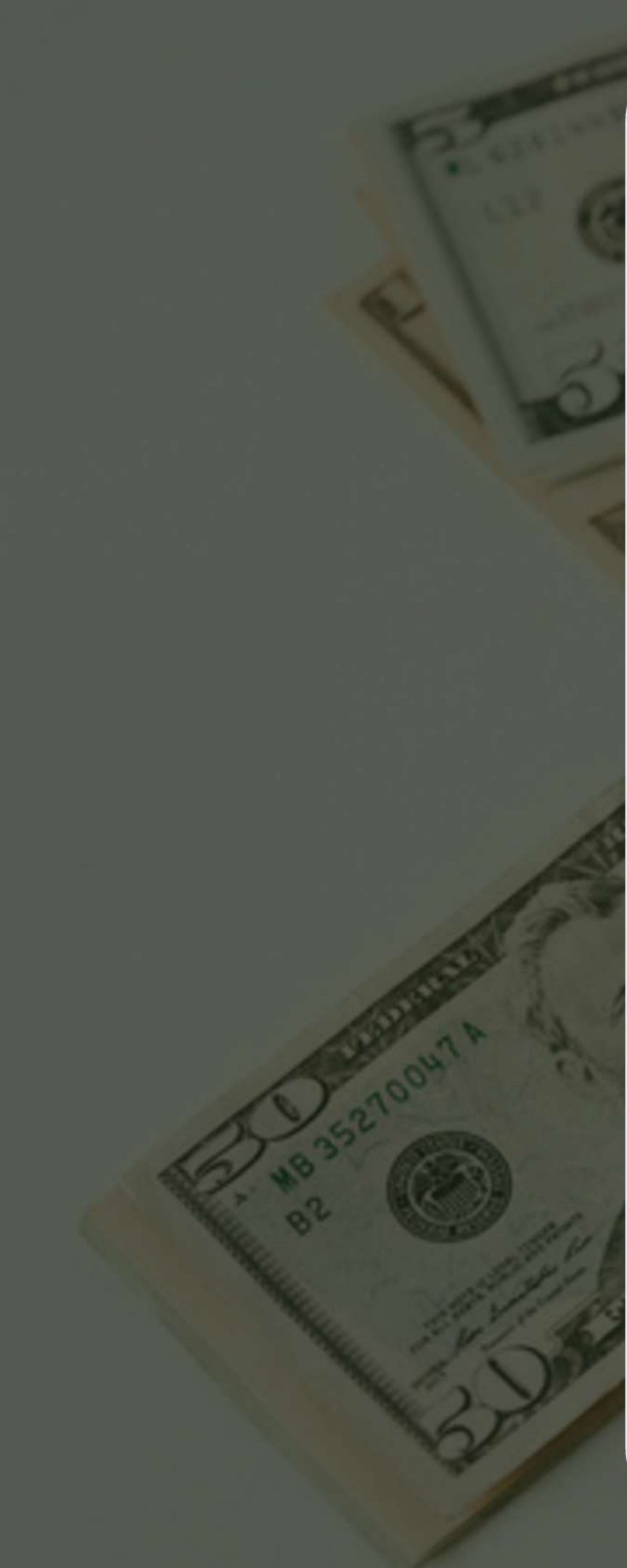
For this specific project

- Sleeping bag, Sleeping mat / mattress, Small pillow for sleeping in a tent, Trekking/hiking shoes, Comfortable outdoor clothes (layered) + rain jacket/windbreaker, Reusable water bottle, Bandana / hat, Sunscreen

Weather note (April)

In April the weather is usually mild. Please bring layers and everything you personally need to feel comfortable during many outdoor activities.

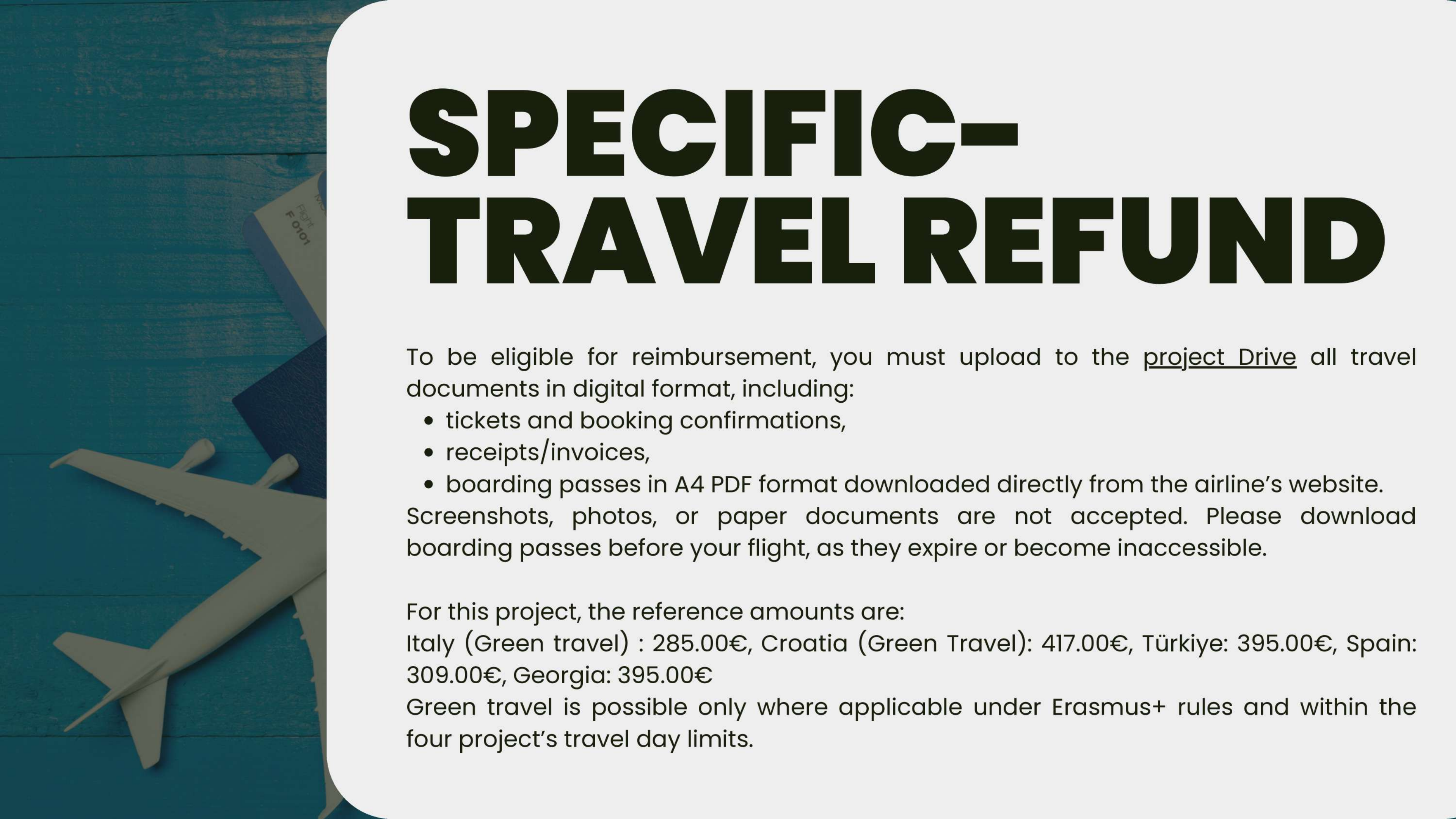


A background image showing several Euro banknotes, including a 50 Euro note, fanned out on the left side of the slide. The notes are slightly blurred and have a dark overlay.

FINANCIAL CONDITIONS

As part of the Erasmus+ framework, travel costs are reimbursed to your sending organisation by bank transfer. Your sending organisation then reimburses you according to its internal procedure. Reimbursement is possible only if all project rules are respected. In particular, each participant is expected to:

- participate actively and respectfully in the full project cycle and during the mobility;
- avoid any behaviour that disrupts the group, the programme, or the learning environment;
- contribute to dissemination and follow-up in line with the project expectations (individual and group-level actions);
- complete the official EU Participant Survey sent through the Beneficiary Module at the end of the activity.



SPECIFIC- TRAVEL REFUND

To be eligible for reimbursement, you must upload to the [project Drive](#) all travel documents in digital format, including:

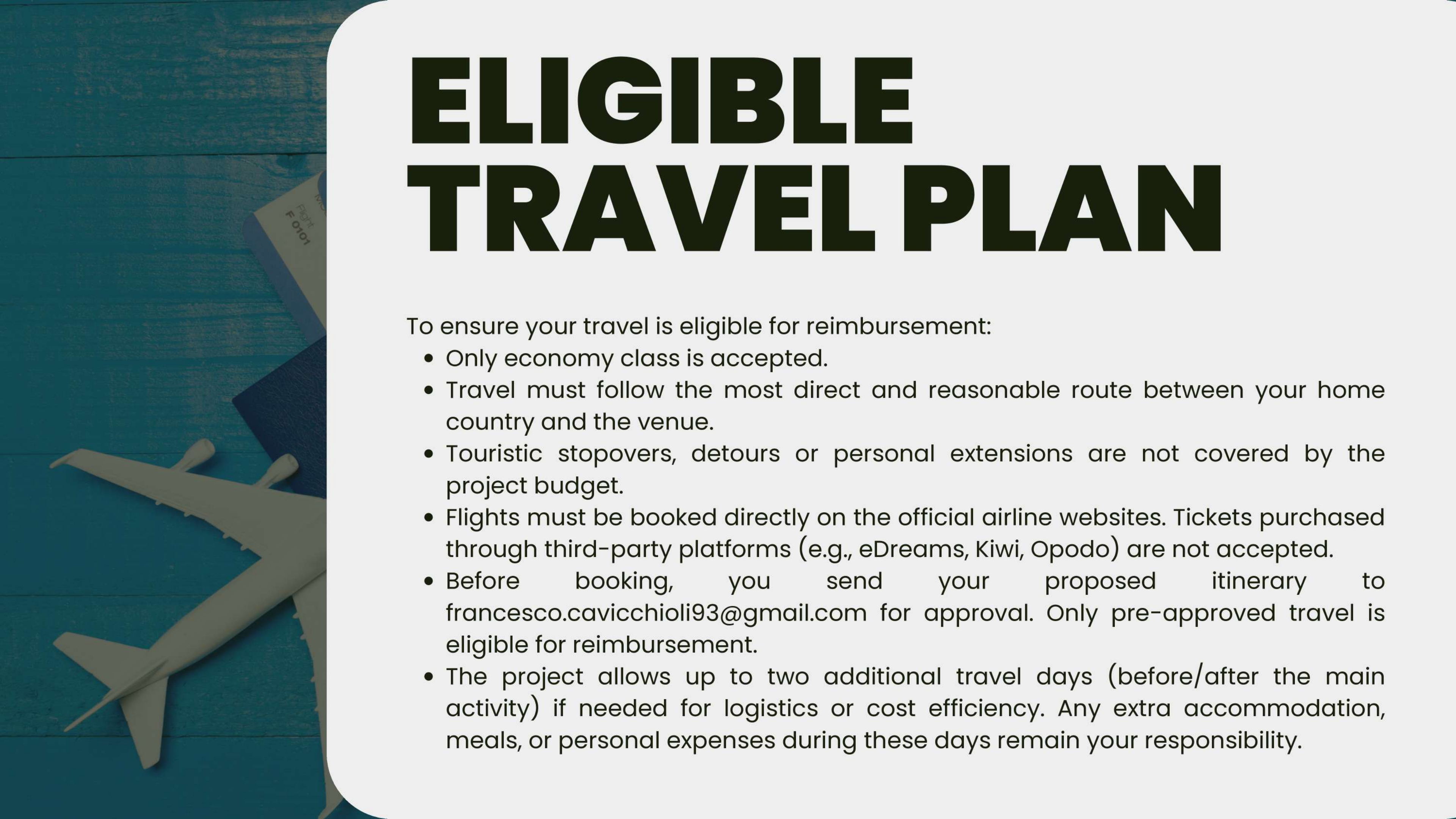
- tickets and booking confirmations,
- receipts/invoices,
- boarding passes in A4 PDF format downloaded directly from the airline's website.

Screenshots, photos, or paper documents are not accepted. Please download boarding passes before your flight, as they expire or become inaccessible.

For this project, the reference amounts are:

Italy (Green travel) : 285.00€, Croatia (Green Travel): 417.00€, Türkiye: 395.00€, Spain: 309.00€, Georgia: 395.00€

Green travel is possible only where applicable under Erasmus+ rules and within the four project's travel day limits.



ELIGIBLE TRAVEL PLAN

To ensure your travel is eligible for reimbursement:

- Only economy class is accepted.
- Travel must follow the most direct and reasonable route between your home country and the venue.
- Touristic stopovers, detours or personal extensions are not covered by the project budget.
- Flights must be booked directly on the official airline websites. Tickets purchased through third-party platforms (e.g., eDreams, Kiwi, Opodo) are not accepted.
- Before booking, you send your proposed itinerary to francesco.cavicchioli93@gmail.com for approval. Only pre-approved travel is eligible for reimbursement.
- The project allows up to two additional travel days (before/after the main activity) if needed for logistics or cost efficiency. Any extra accommodation, meals, or personal expenses during these days remain your responsibility.



DISSEMINATION CONDITIONS

Dissemination and follow-up are an integral and mandatory part of ECO REM. The project aims to create practical, replicable youth-made learning resources on sustainability, rural values and cultural-ecological heritage.

Participants contribute to one individual local action and one national group dissemination activity coordinated by their sending organisation, helping inspire peers and extend the project's impact. Partners also ensure at least one local follow-up event per country and shared online outreach.

By accepting this InfoPack, you acknowledge these commitments as part of the learning pathway and Erasmus+ accountability.

PARTNER INVOLVED

ECO REM is implemented by an international consortium of five youth organisations committed to sustainability, non-formal education, and youth empowerment in rural and community settings. The project is coordinated by R.E.M.S. Resources for Expressive Mindfulness Society APS (Italy) as the applicant organisation.



R.E.M.S.



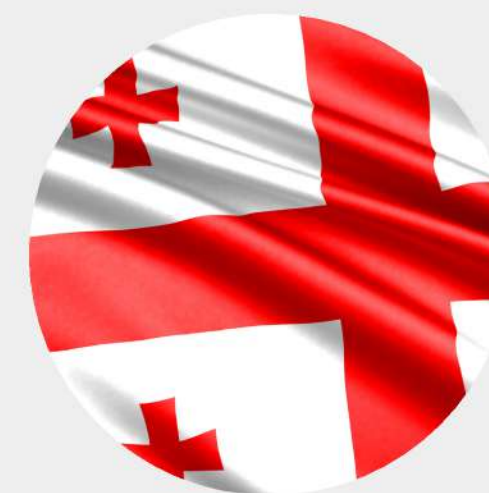
MANABU MOVEMENT
HRVATSKA



CLUB DEPORTIVO LA
PAZ



YOUTH FOR VAN



CREATIVE YOUTH
PLATFORM

MEET OUR TEAM

ECO REM is delivered by an international team of youth workers, group leaders and facilitators from the five partner organisations.

The team brings complementary expertise in non-formal education, environmental sustainability, rural development, community-building and expressive/performative approaches linked to cultural heritage. Together, we support a safe and inclusive learning space, guide the daily programme, and help participants connect ecological practices and traditional ritual culture through hands-on activities, reflection and co-creation.



FRANCESCO
FACILITATOR



SAMUELE
REMS PRESIDENT



SIMONE
LOCAL COORDINATOR

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THANK
YOU



Once selected by your Partner
please join our WhatsApp group



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